

Lung Workshop Patient Referral Form

Refer your patient to an 8-week virtual, home supervised exercise program!

Patient Information

Full Name: _____

Date of Birth (M/D/Y): _____

Phone Number: _____

Email: _____

Lung Diagnosis:

Referring Healthcare Provider

Name: _____

Profession: _____

Clinic / Hospital: _____

Phone Number: _____

Email: _____

Fax: _____

FEV1: _____ FVC: _____ Date performed (if available): _____

Oxygen (if applicable) at Rest: _____ L/min on Exertion: _____ L/min

Co-morbidities (check all that apply):

- Heart Disease
- Hypertension
- Diabetes
- Stroke
- Obesity
- Cancer
- Other: _____

Additional comments:

To ensure patient safety for exercise, please indicate if patient is medically stable and cleared to participate in mild/moderate exercise.

- Client **is medically stable** and **can participate in exercise**.
- Client is **NOT** medically stable.

Signature: _____

Referral Date: _____